



LEGACY

ACROBATICS

2027
COMPETITION
TIPS AND
TRICKS!



WHEN TO ARRIVE

Please arrive 1 hour prior to performing!
This gives you and your adult time to do
the following:

1. Watch a few performances to see
what it looks like.
2. Find the meeting spot before / after
performing.
3. Warm up / Stretch your self.
4. Use the washroom before coming
back stage.

Please stay with your adult until they
drop you off back stage with a coach 5
routines before yours.

COSTUMES

1. Please arrive in costume ready to go!
2. If you have multiple dances please check the schedule to see what costume you should be in first.
3. Make sure you have removed all nail polish.
4. Please take off any earrings so that we all match. We do not have matching company earrings at this time.
5. Reminder for skin toned tights with the stirrup at the bottom. Pull your tights up so there are no wrinkles at the bottom. These are the only style of tights you will ever need at Legacy.
6. Please do not eat in your costume. Only water is allowed while you're in costume. We want to keep it clean :)

Please note that Legacy's stance on costumes is that the dancer is fully covered and dressed modestly.





TEAM MAKE UP

Team make-up is important so that all the performers match on stage /during performances.

Please purchase the red Sephora 01 lipstick.

Any black mascara will do, regular blush, lighter eye shadow in the inner corner of the eye and then darker on the outsides. A thin line on black eye liner on the top lid. Please use a foundation that matches your skin tone. If possible a slight shade darker is best to really pop on stage. The stage lights are very bright and so the make up helps for us to be able to the dancers beautiful features on stage!

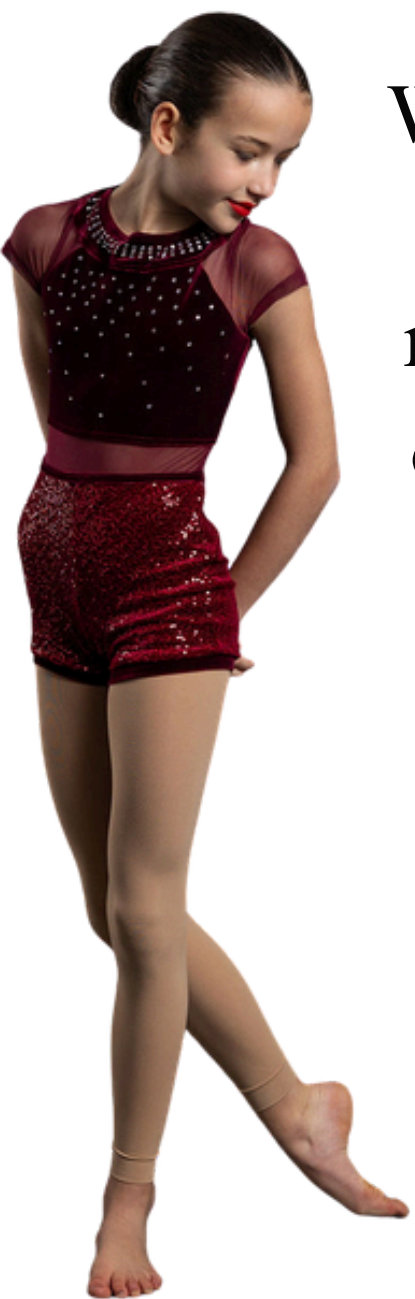
Legacy's stance on make up is a more natural look than other studios since we do not use fake eyelashes or heavy makeup. We want the girls to feel confident and not over done.

HAIR

Performance Bun Tips:

- Having wet hair before beginning to style is very helpful.
- Please do a middle part.
- Buying a bun helper from amazon can be helpful.
- The middle of the bun should be in line with the ears.
- Use lots of hair spray / gel / to ensure no hairs are out of place. If you have bangs please secure these back!
- Complete the bun with a hair net! This keeps everything in place. It is very important that the hair net matches the hair colour.

We have chosen to keep every routine in a bun so that if they have multiple routines you don't have to worry about different hair styles. This keeps the day running smoothly!



CHANGE ROOM RULES

When you need to change costumes please be sure to find a private area.

I know that it's only girls in the change room but this rule supports our Legacy values.

Many students have bought pop up tents from Amazon to make changing between routines easier.

It's 100% okay to find a bathroom to change to ensure you stay covered when changing.

Please tell any male family members / friends that they are not allowed in the change room.



PINS!

Pins are the perfect way to show others you're cheering them on!

You take wooden clothing pins and decorate them with encouraging words and fun decorations!

Then at competition you pin them to others clothing without them knowing! It's a really fun game that every studio plays.

Please note:

When you go on stage for awards all pins must be with your adult. We want to look professional on stage. We also don't want to be distracted playing with our pins <3

Looking forward to taking part in this fun tradition all season long!



HOW TO DRESS FOR AWARDS

White shoes are our go-to for competition awards. We don't mind where you get them or the brand, as long as they are white.

Please also wear black leggings / bottoms. No shorts

If you're on Holly or Lily team the competition jackets are optional. You can wear your Legacy uniform top to represent!

If you are on any other team a team jacket is mandatory for awards.

Please keep your hair presentable in a competition bun for awards.

Please keep your team jacket zipped up to chest level during awards. This maintains a presentable look.





LEVEL DIVISIONS

Novice:

This is your first year competing! You'll be going against others who are also in the novice division!

Please note that if you were in a group dance last year but this is your first year doing a solo, then you can compete your solo in the novice division!

Part time:

This is also commonly known as Pre comp division. In this division every one trains less than 6 hours per week and has competed a minimum of 1 season.

Full time:

This is also commonly called competition division. Legacy is a novice / part time studio as our dancers do not train over 6 hours per week.



AGE DIVISIONS

These are called different things at each competition as it's the competition that decides age groups / the names of the age groups. You might start to notice some similarities though!

The age for a group dance is determined by the average age of all dancers as of January 1st.

When performing a solo your age in the schedule will show the age you were before December 31st.

The Audience Dance & Aerial Comp

Petite 5 and under

Mini 6-8,

Junior 9-11,

Intermediate 12-14

Aspire Dance Comp

Mini: 8 and Under

Junior: 9 to 11

Intermediate: 12 to 14

Destiny Dance & Aerial Comp

Comet: 4-6

Star 7-8

Nova 9-10

Solar 11-12

Cosmic 13 - 14



SCORING SYSTEM

The Audience Dance & Aerial Comp

Copper: 70-80.99

Silver: 81-83.99

Gold: 84-87.99

Platinum: 88-91.99

Titanium: 92-95.99

Electrum: 96-100

Aspire Dance Comp

Silver: 79.99

Gold 80 to 87.99

High Gold: 88 to 94.99

Aspire: 95 to 100

Density Dance & Aerial Comp

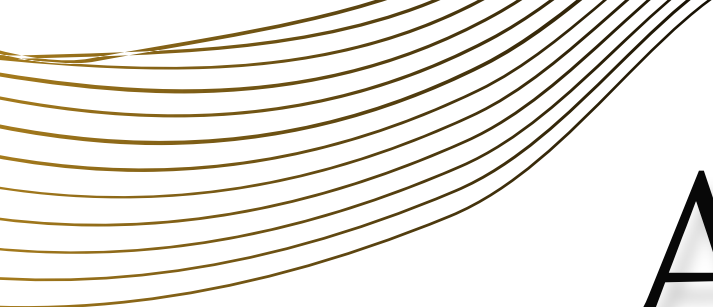
Silver 80.00-84.99

Gold 85.00-88.99

Platinum 89.00-91.99

Diamond 92.00-94.99

Ultimate Destiny 95.00 +



AWARDS ETIQUETTE

1. When they call up your group dance , trio or duet for an award only one child is allowed to go up to get the ribbons. This person is decided before hand by a coach.
2. Once the child goes back to sit on the stage they can not hand out the ribbons until all the awards are done. This is so that we show respect to the other who are getting their awards.
3. It's important to remember your manners and to say thank you when collecting an award / ribbons <3
4. Please clap / cheer for others. This goes for if they go to Legacy or a different studio. We want to show everyone support!
5. Once you are on stage for awards you must remain on stage until all awards are handed out and you are dismissed. This shows respect to the other studios who are still receiving their awards.



TROPHIES / MEDALS

1. If your group win's a trophy this stays at the studio to be displayed. This is to keep everything fair since there is only one trophy.
2. If your group dance gets a medal for each dancer then you can keep the medals.
3. If you have a solo and you win a trophy / medal you can bring it home.
4. At every competition you always get something from each dance to take home.





YOUR AWARDS/ OVERALL AWARDS

Your awards:

The first awards on the schedule after your performance is your awards session. Please make sure your child is on stage for these awards. This is the awards session where you receive your ribbon.

Overall awards:

At the very end of the day is overall awards. It is not necessary to come back for these awards. If you win an overall and you are not at overalls, your coach will collect your award and give it to you next class. If it works for your schedule and you would like to attend the overall awards you are more than welcome too.

Tip:

There are many awards sessions on the schedule. You only need to attend the awards that are right after your routine.





2027 COMPETITIONS

The Audience Dance / Aerial Comp

Date: April 17th, 2027

Venue: Daniels Spectrum in Toronto

Address: 585 Dundas St E, Toronto, ON

Aspire Dance

Date: March 20th

Venue: New Roads Performing Arts Centre

Address: 505 pickering crescent,

Newmarket

Destiny Dance / Aerial Comp

Date: May 6th - 9th, 2027

Venue: East Bayfield community centre

Address: 80 Livingstone St E, Barrie